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Sit down, wake up, workout.

Many benefits. Simply good.

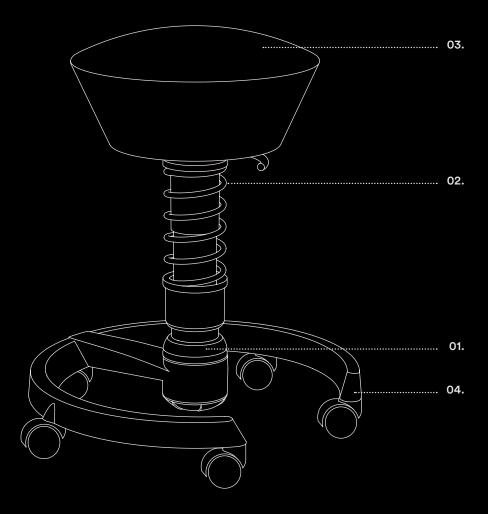
Give your back pleasure, not pain.

The up and down movement of the chair is similar to the natural movement when walking or running. This way your intervertebral discs are kept nourished and fit. The result, your back can support itself using natural muscle strength - no backrest needed. And instead of tension you'll feel a sense of physical ease.

Workout instead of burnout - without sweating. If your body can move freely, you can breathe more deeply. This stimulates circulation and metabolism. You'll feel fitter and more alert and burn more calories.

No more hunched back at your desk.

The chair's pivotal joint, which is close to the ground, and the spring ensure that with every movement your whole body will move. Even if you lean forward - to read a brochure on the benefits of the Aeris Swopper for example - your back will stay straight without any extra effort on your part.



- **01. 3D technology:** Gives you flexible sideways motion, extends your reach and ensures an optimum sitting posture with respect to the working surface. This keeps your muscles, intervertebral discs, tendons and joints fit.
- **02. Vertical movement:** Relieves the intervertebral discs and stimulates the blood circulation and your oxygen flow.
- **03.** Convex seat: The shape of the seat encourages a free and upright posture and prevents pressure points at seat edges.
- **04. Sturdy footring:** Extremely stable, available with or without castors.

Setting options:

Seat height (gas spring)
User weight (spring hardness / up-and-down movement)
Flexible sideways movement
Optional: height of backrest

Technical Data:

Product weight:	11 kg without backrest, 17 kg with backrest
Footring:	Die-cast aluminium, powder coated, diameter: 55 cm without castors, 58 cm with castors
max. user weight:	max. 120 kg
Seat:	Seat support: plastic, upholstery: PU foam, diameter: 43 cm
Castor types:	Soft floor castors, hard floor castors according to DIN EN 12529
Swopper Air:	Breathable, pressure-regulating high-tech cushioning with five functional layers
Swopper Work:	Swopper plus backrest including castors fulfilling DIN EN 1335

How to choose the right spring:

Light I weigh under 50 kg Standard This spring suits almost everyone

High I am over 185 cm tall **Low** My desk is lower than 65 cm

I weigh under 50 kg

I weigh over 50 kg

Awards and Certifications:







